

# Bear Wallow



Tree Farm  
&  
Nature Center

## Fraser Firs and Forest Friends

An environmental education program

The Bear Wallow Tree Farm & Nature Center invites YOU to explore the natural history of our area, here in Valle Crucis, N.C.!

Scout the Fraser fir fields!



Panax  
quinquefolium  
(Ginseng)



Explore along the nature trail...



Learn about the natural history of N.C. mountain environments.



Over..

## Construct a nature craft to take home



**Fraser Firs and Forest Friends** is a half-day environmental education program exploring a Christmas tree farm, as well as the natural history of our forested surroundings. A typical morning program may look like this:

- Welcome and introduction to our farm and forest
- Let's talk trees (Christmas trees, that is)
- Let's scout the tree field!
- From field to forest – time for a short nature walk
- Sharing and snack time, look through the displays
- Activity/craft time
- Sack lunch and farewell



### Inside the Nature Center:

- Look at displays on the natural history of Long Ridge Farms and the Blue Ridge region
- Discover cool patterns found in nature as you peer through the stereoscope
- Play nature games
- Build a nature craft
- Take home fact sheets, a Christmas tree coupon, and other materials

### Who should sign up for the program?

- Homeschool groups
- After-school groups
- Small public, private or alternative school groups
- Family groups on holiday

We offer half-day programs by appointment during Spring, Summer and Fall. *At this time, we must limit each program to 12 visitors at a time.*

### Visitors will need to:

- Bring lunch
- Wear closed-toe shoes
- Wear sunscreen
- Bring bug spray
- Bring a rain jacket
- Bring a \$7 materials fee per student

**For more information, call Tamara at 828-406-8187 or email [tamara@seymourcc.net](mailto:tamara@seymourcc.net). Visit our web page at [www.longridgefarms.com](http://www.longridgefarms.com) and click on "Nature Center."**

